












# MENU






## A Selection of Favourite Food based on Plants, Flowers and Fruits

 VEGETARIAN  VEGAN  PESCATARIAN

### Highlight

	<i>Pineapple Curry with Cassava Dumplings/Prawns</i>	8.00
	<i>Thai Green Cassava Dumplings Curry</i>	6.50
	<i>Chickpea Curry</i>	6.00
	<i>Vermicelli Noodles Stir Fried Vegetables, Crispy Tofu added Citron Daylily Flowers</i>	7.50
	<i>Marinated Tofu and Quorn Chicken Pad Thai with Linseed</i>	7.50
	<i>Collagen Plant Based Mix Vegetables Stir Fried with Steamed Japanese Tofu</i>	7.50
	<i>Cannelloni Stuffed with Roasted Aubergine, Quorn Minced Meat mixed Mushrooms and Pine Nuts Baked in a Cheese Sauce</i>	8.50
	<i>Polish Vegetable Dumplings with Brandy and Chanterelle Sauce</i>	8.00
	<i>Moroccan Tagine served with Nutritional Yeast Cheesy Couscous</i>	7.50
	<i>Wild Salmon with Ginger, Teriyaki Sauce and Mixed Fresh Herbs</i>	8.50
	<i>Crispy Fried Fish topped with Chillies, Tamarind Sauce and Exotic Herbs Salad</i>	8.50
	<i>Vegan/Vegetarian Burger</i>	6.95

### Light bits

	<i>Ultimate Italian style Fish Cakes coated in Japanese Panko Breadcrumbs</i>	7.95
	<i>Cheese Omelette with French Fries or Salad</i>	6.95
	<i>Banana, Cheese &amp; Pear Chutney Sandwich</i>	6.50
	<i>Quinoa Goji Berries Tabbouleh Served with Vegan Duck</i>	8.50
	<i>Super Grain Salad &amp; Avocado dressing Served with Roasted Chicken Pieces</i>	9.00

### Side dishes

<i>Jasmine Rice &amp; Quinoa</i>	2.50
<i>Black Rice</i>	3.50
<i>Yellow Rice (Turmeric rice)</i>	2.00
<i>Buckwheat</i>	2.50
<i>Chips (sweet potatoes)</i>	2.50
<i>Nutritional Yeast Flakes Mixed Salad</i>	3.80

### Starters

<i>Spring Rolls</i>	6.00
<i>Vermicelli Salad</i>	6.50
<i>Vegan Peking Duck</i>	
<i>with Pancake and Hoisin Sauce</i>	9.00

### Drinks

<i>Americano</i>	2.00
<i>Cappuccino</i>	2.50
<i>Multi choice Tea</i>	1.30
<i>Iced Green Tea &amp; Chai Energy Drink</i>	2.95
<i>Orange, Apple Juice</i>	2.50
<i>Water</i>	1.20

### Desserts

<i>Banana Cake</i>	2.90
<i>Apple &amp; Rum Cake Served with Ice cream</i>	4.50
<i>Mixed Fruit Salad with Chai Dressing</i>	4.80
<i>Coconut Ice-cream dress up with</i>	
<i>Tapioca Pudding &amp; Young Coconut Meat</i>	3.95